

頭臺 *Appetizer*

春卷	Egg Rolls (4).....	5.95
鍋貼	Pot Stickers (8).....	5.95
小龍包	Steamed Pork Dumplings (6).....	5.95
酥炸豆腐	Fried Bean Curd.....	5.95
炸大蝦	Fried Prawns (8).....	7.95
炸雞翅	Fried Chicken Wings (6).....	6.95
蔥油餅	Scallion Pancake.....	5.95
薄餅夾肉	Pancake With Beef.....	5.95

冷菜 *Cold Appetizer*

夫妻肺片	Couple's Delight.....	7.50
麻辣牛筋	Spicy Numbing Beef Tender.....	7.50
五香牛肉	Braised Beef Shank With Five Spices.....	7.50
蒜泥白肉	Sliced Pork With Spicy Garlic Sauce.....	7.50
四川口水雞	Szechuan Style Chicken.....	7.95
四川泡菜	Szechuan Spicy Pickled Cabbage.....	5.95
上海素鵝	Vegetarian Goose (Bean Curd Roulette).....	7.50

廚師推介 *Chef's Suggestion*

禦食園北京烤鴨	Peking Style Roster Duck.....	32.95
椒鹽大蟹	Salt & Pepper Crab.....	27.95
雲南三七、天麻汽鍋雞	Yunnan Style Steamed Chicken Soup In Clay Pot.....	小 S 8.95 中 M 15.95
禦食園招牌水煮魚片	Spicy Fish With Flaming Chilli Oil.....	18.00
椒鹽明蝦球	Salt & Pepper Prawns.....	15.95
飄香重慶辣子雞	Chicken With Explosive Chilli Pepper.....	10.95
清蒸鱈魚	Steamed Sea Bass.....	18.95
禦食園碳烤全魚	Baked Whole Fish.....	12.95

湯類 *Soup*

	小 S	中 M	大 L	
酸辣湯	Hot & Sour Soup.....	6.50	8.50	10.95
鍋巴湯	Sizzling Rice Soup.....	6.50	8.50	10.95
蛋花湯	Egg Flower Soup.....	6.50	8.50	10.95
菠菜豆腐湯	Spinach & Bean Curd Soup.....	6.50	8.50	10.95
雞茸玉米羹	Chicken With Cream Corn Soup.....	6.50	8.50	10.95
海鮮豆腐羹	Seafood With Bean Curd Soup.....	7.95	9.95	12.95
酸菜魚片湯	Fish Soup With Pickled.....	7.95	9.95	12.95

鷄鴨類 *Fowl*

湖南雞	Hunan Chicken.....	9.95
宮保雞丁	Kung Pao Chicken.....	9.95
雪豆雞片	Snow White Chicken.....	9.95
腰果雞	Cashew Nut Chicken.....	9.95
咖喱雞	Curry Chicken.....	9.95
陳皮子雞	Orange Flavor Chicken.....	9.95
甜酸雞	Sweet & Sour Chicken.....	9.95
幹烹雞	Princess Chicken.....	9.95
檸檬雞	Lemon Chicken.....	9.95
蘆筍雞	Asparagus Chicken.....	Seasonal
素菜雞	Sauteed Chicken With Mix Vegetables.....	9.95
尖椒辣子雞	Braised Crispy Chicken With Jalapenos.....	9.95
西汁芝麻雞	Sesame Chicken.....	9.95
樟茶鴨	Tea Smoked Duck (half).....	9.95

Hot & Spicy

牛肉類 *Beef*

湖南牛肉	Hunan Beef.....	9.95
蒙古牛肉	Mongolian Beef.....	9.95
四川牛肉	Szechuan Beef.....	9.95
陳皮牛肉	Orange flavor Beef.....	9.95
蔥爆牛肉	Green Onion Beef.....	9.95
西蘭牛肉	Broccoli Beef.....	9.95
蘆筍牛肉	Asparagus Beef.....	Seasonal
水煮牛肉/豬肉	Spicy Beef Or Pork With Flaming Chilli oil.....	10.5
孜然牛肉	Camini Beef.....	10.95
黑椒牛柳	Black Pepper Beef.....	9.95

豬肉類 *Pork*

湖南臘肉	Hunan Smoked Pork.....	9.50
咕嚕肉	Sweet & Sour Pork.....	9.50
魚香肉絲	Shredded Pork With Garlic Sauce.....	9.50
香幹肉絲	Shredded Pork With Bean Curd.....	9.50
木須肉	Mu-Shu Pork.....	9.50
大刀回鍋肉	Twice Cooked Pork.....	9.50
生爆鹽煎肉	Pan Fried Sliced Pork W/Leek.....	9.50
四川辣炒	Szechuan Chilli Pepper With Pork.....	9.50
麻婆豆腐	Ma-Po Tofu/Pork.....	9.50
五更腸旺	9.50

海鮮類 Seafood

合桃大明蝦	Creamy Prawns W/Honey Walnut.....	14.95
宮保大蝦球	Kung Pao Prawns.....	13.95
腰果蝦球	Cashew Nut Prawns.....	13.95
蘆筍蝦球	Asparagus Prawns.....	Seasonal
時蔬海鮮盤	Seafood Platter W/Tender Greens.....	15.95
鍋巴海三鮮	Sizzling Rice With Fresh Seafood.....	15.95
椒鹽魷魚	Salt & Pepper Squid.....	15.95
宮保帶子	Kung Pao Scallops.....	15.95
豆花魚片	Silky Tofu With Fish.....	15.95
剁椒鱈魚	Hot Braised Sea Bass.....	18.95
紅燒全魚	Braised Whole Fish (Cat Fish).....	19.95
豆瓣全魚	Whole Fish W/Bean Chilli (Cat Fish).....	19.95
姜蔥焗肉蟹	Fresh Crab W/Ginger & Scallion.....	Seasonal
黑椒焗肉蟹	Fresh Crab W/Black Pepper.....	Seasonal
禦食園香辣蟹	Fresh Crab With House Spicy Sauce.....	Seasonal

蔬菜類 Vegetables

宮保豆腐	Kung Pao Bean Curd.....	8.95
幹煸四季豆	Dry Sauteed String Beans.....	8.95
蠔菇扒豆腐	Bean Cake With Chinese Mushroom.....	8.95
什菜豆腐	Bean Curd Family Style.....	8.95
素什錦	Vegetables Delight.....	8.95
魚香茄子	Eggplant W/Garlic Sauce.....	8.95
花菇扒時蔬	Black Mushroom With Seasonal Vegetable.....	10.50
上湯時蔬	Sauteed Vegetable With Ham In Broth.....	Seasonal
蒜蓉豆苗	Sauteed Pea Sprouts With Garlic.....	Seasonal
蠔油芥蘭	Broccoli With Oyster Sauce.....	8.95

特別火鍋 Special Clay Pot

麻辣魚火鍋	Hot & Spicy Fish Pot.....	19.95
什錦火鍋	House Combination Hot Pot.....	19.95
海鮮火鍋	Seafood Hot Pot.....	19.95
酸菜魚火鍋	Pickled Vegetable Fish Hot Pot.....	19.95

煲類 Clay Pot

清燉牛腩煲	Beef Stew In Clay Pot.....	11.50
魚香茄子煲	Spicy Egg Plant In Clay Pot.....	10.50
海鮮豆腐煲	Bean Curd With Seafood In Clay Pot.....	12.50
酸菜白肉煲	Sliced Pork With Szechuan Pickles In Clay Pot.....	11.50

四川風味小吃 Szechuan Cuisine

四川豆腐腦	Silky Tofu With House Spicy Sauce.....	5.95
紅油龍抄手	Wonton With Spicy Peanut Sauce.....	5.95
四川酸辣粉	Hot & Sour Bean Jello.....	5.95
四川涼面	House Cold Noodle.....	6.95
四川擔擔面	Tan Tan Noodle.....	6.95
川北涼粉	Bean Jello With Chili Oil.....	5.95

面飯類 Rice & Noodle

云南過橋米線	Yunnan Traditional Rice Noodle Soup.....	小 7.95 大 13.95
招牌炒面	House Special Chow Mein.....	8.95
素炒面	Vegetarian Chow Mein.....	7.95 (Choice Of Pork, Beef, Chicken)
港式煎面	Hongkong Style Pan Fried Noodle.....	12.95
招牌炒飯	House Special Fried Rice.....	8.95
素炒飯	Vegetarian Fried Rice.....	7.95 (Choice Of Pork, Beef, Chicken)
白飯	Steam Withe Rice.....	1.75 / Person
黃米飯	Brown Rice.....	2.25 / Person

飲品 Beverages

Tea (Green Wuron & Jasmine).....	1.50 / Per Person
Soda.....	1.99
Tsing Tao Beer.....	4.00
Heineken Beer.....	4.00
Budweiser.....	3.75
House Red Or White Wine.....	5.50/Glass 18.00/Bottle

Hot & Spicy



Z & Y
Restaurant

Delicious Chinese
Szechuan Cuisine

NO MSG

Open Everyday 11am – 10pm

Tel: 415-981-8988

655 Jackson St.
San Francisco, CA 94133

Special Offer:
FREE
Potstickers!

Please ask your waiter for details.

Valid for dine-in customers only.
Min order of one main dish. One coupon per party.
Not valid with other discount offers unless specified.